The harder the condition of life the shorter

the people.

Dr. Shrubsall went on to describe the different types of people in Europe, the fair in the North, and dark in the South, mentioning the

different exceptions.

Taking Great Britain he said that on the coast of Norfolk the people were tall and fair, in Carmarthen short and dark. The tallest people are to be found in South Scotland and Yorkshire, and the shortest in the West of England and Wales. London, too, varies in its type of inhabitant. In Stepney, St. George's-inthe-East, Soho and Saffron Hill, the dark type is largely to the fore. Along the river the population is short and light.

In Southwark and North Lambeth the people

are of poor physique.

Dr. Shrubsall pointed out that, although average was largely dealt with, the degree of variation was also considered.

The lecture was illustrated throughout with

lantern slides.

At the close Dr. Shrubsall received hearty applause.

R. B. D.

APPOINTMENTS.

MATRON.

Allt-yr-yn Hospital, Newport, Mon. — Miss F. Simpson has been appointed Matron. She was trained at the Hope Hospital, Pendleton, Manchester, where she held the positions of Ward Sister, Theatre Sister, and Deputy Night Superintendent. She has since been Sister-in-charge of Allt-yr-yn Sanatorium and Deputy Matron.

Allt-yr-yn Sanatorium and Deputy Matron.

Cottage Hospital, Llangollen. — Miss A. M.
Rogers has been appointed Matron. She was trained at the General Infirmary, Macclesfield, and has since been Night Sister at the District Hospital, West Bromwich; Ward and Theatre Sister at the General Infirmary, Peterborough; Ward and Theatre Sister and Deputy Matron at the Victoria Infirmary, Northwich.

Cottage Hospital, Stratton, Cornwall. — Miss A. Wetherall has been appointed Matron. She was trained at St. Thomas' Hospital, London; and has been Matron of the Horton Infirmary, Banbury; has had charge of the Cottage Hospital, Westbury; and lastly been Matron of the Infirmary of the London Orphan Asylum.

SISTER.

Liverpool Maternity Hospital,—Miss A. M. Davies has been appointed Sister. She was trained at the District Hospital, Grimsby, and at the Jessop Hospital, Sheffield; and has held the position of holiday Sister at Grimsby Hospital.

holiday Sister at Grimsby Hospital.

The Infirmary, Selly Oak, Birmingham.—Miss Nellie Eliza Wellman has been appointed Sister.

She was trained at the Fulham Union Infirmary.

QUEEN ALEXANDRA'S IMPERIAL MILITARY NURSING SERVICE.

PROMOTIONS.

The undermentioned Sister to be Matron:—Miss

E. C. Humphreys.

The undermentioned Staff Nurses to be Sisters:— Miss A. A. Steer, Miss A. Ayre, Miss E. Close, Miss G. A. Howe, Miss M. D. Woodhouse, Miss J. S. G. Gardner, Miss M. German, Miss F. E. Manfield.

LADY MINTO'S INDIAN NURSING ASSOCIATION APPOINTMENTS.

Miss Henrietta Ellen Clarke, trained at the Metropolitan Hospital, London; subsequently Sister and private nursing. C.M.B., Victoria Home, Cheltenham.

Miss Johanna Gaskin, trained King's College Hospital. Private nursing; fever nursing, Western Fever Hospital, Fulham, S.W. C.M.B. Queen Charlotte's Hospital. District nursing. Sydney.

Miss Gertrude Eva Heald, trained Bradford Union Infirmary. Queen's Jubilee Nurse. Liverpool Fever Hospital. General Hospital, Stobhill, Glasgow. C.M.B.

Miss Dora Borland, trained at the London Hospital. Sister at Friedenheim for two years. London Hospital, holiday Sister. C.M.B. The London.

Miss Isobel Augusta Graham, trained at the Royal Free Hospital, London. C.M.B. Private nursing. Plymouth.

COLONIAL NURSING ASSOCIATION.

The Colonial Office, acting on the recommendation of the Colonial Nursing Association, has appointed Miss Alice Radcliffe, formerly Matron of the Hammersmith Infirmary, to a Government post in Uganda. Miss Radcliffe's first Colonial appointment was to a small Government hospital in the tropics, where she had a most unfortunate experience. The conditions were primitive in the extreme, and abuses were many. It was hoped that under Miss Radcliffe, whose high ideals of nursing eminently qualified her as a pioneer, necessary reforms might be introduced, but her efforts were met with opposition from the local Medical Superintendent, and her positon rendered so intolerable that she had no choice but to resign. The Colonial Nursing Association, after careful consideration of the circumstances, were unanimously of opinion that another post should be offered to Miss Radcliffe, an opinion in which the Colonial Office concurred. Miss Radcliffe sails in January for Uganda, where she will take up her new duties at the Government Hospital, Uganda, Entebbe, followed by many good wishes for her future success.

We regret we are unable to award a prize this week in connection with our competition. Christmas and its preparations have evidently absorbed the thoughts and time of nurses, and the usual budget of letters, endorsed "Prize Competition," has not come to hand.

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